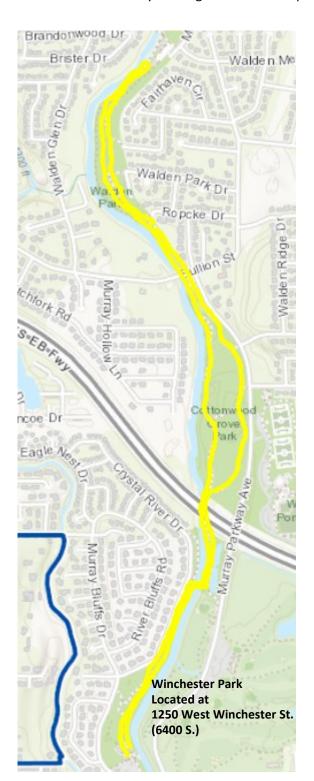
Virtual 5Ko

Murray Parks and Recreation is offering a Virtual 5K in conjunction with <u>GET TO THE RIVER FESTIVAL</u>. The way it works is you have a week to run the course, send us your time and we will determine the winners. All participants will be given a t-shirt and awards will be given for the top 3 finishers in each age category. The race course will be set at the Jordan River Parkway starting at Winchester park.





Date: September 1 –September 7 (one week to run the course)

September 5 Rec. staff will be at Winchester Park

handing out race T-shirts. 8:00 am to Noon.

Start: Winchester Park, 6400 So. 1250 West

Cost: \$10 includes a T-shirt

Register: Murray Parks and Recreation, The Park Center or

online at www.mcreg.com

Deadline: Wed., August 26, 2020

Requirements: Send in your time. cplant@murray.utah.gov (We trust your honesty) Top three finishers in each age group

Male and Female Division receives an award.

For more information, call 801 264-2614!

MURRAY CITY PARKS AND RECREATION RELEASE OF LIABILITY AND WAIVER OF CLAIMS

READ BEFORE SIGNING

IN CONSIDERATION OF being allowed to participate in any way in	(the "Activity")
and its related events and activities, I hereby acknowledge, appreciate, and	agree that:
The risks of injury and illness (including, but not limited to, physical of as MRSA, influenza, COVID-19, etc.), pain, suffering, disfigurem ralysis), economic or emotional loss, and death) of participating in equipment, and personal discipline may reduce these risks, the risk	ent, temporary or permanent disability (including pathe Activity are significant, and while particular rules, as of serious injury and illness do exist; and
I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both	
THE NEGLIGENCE of others, including, but not limited to, other	
tivity officials, and I assume full responsibility for my participatio	
I willingly agree to comply with the Activity's rules and conditions for significant hazard during my presence or participation in the Activisuch attention of the nearest official immediately; and,	
I for myself, and on behalf of my heirs, assigns, personal representative	es and next of kin HERERY RELEASE AND HOLD
HARMLESS Murray City Corporation, its employees, officers, di (hereinafter collectively referred to as the "City"), WITH RESPEC	rectors, volunteers, elected officials, and agents
BILITY, DEATH, or loss or damage to person or property, and from the Activity, to the fullest extent permitted by law.	
I understand that the City shall have no responsibility to pay for any m	edical treatment and related costs if I become injured,
sick, or otherwise harmed while participating in the Activity and,	
ment for any injury or illness, I agree to be financially responsible	for any costs incurred as a result of such treatment.
I HAVE READ THIS RELEASE OF LIABILITY AND WAIVER OF TERMS. I UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIA FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT. Participant's Name and Age	
Participant's Name and Age	
Participant's Signature (If under 18 years, Parent or Guardian must sign)	
Date Signed	
PARENT/GUARDIAN WAIVER FOR MI	NORS (under 18 years old)
This is to certify that I, as parent and/or guardian with legal responsibility fin this RELEASE OF LIABILITY AND WAIVER OF CLAIMS form to me the Activity and his/her responsibilities for adhering to the rules and regular my/our heirs, assigns, personal representatives, and next of kin, do hereby I and all liabilities (as outlined above) incident to my child's involvement or THE NEGLIGENCE OF OTHERS, to the fullest extent permitted by law.	ny child, including the risks involved in participating in tions. I for myself, my spouse, my child, and on behalf of RELEASE AND HOLD HARMLESS the City from any
Name of Parent or Guardian	
Parent/Guardian Signature	
Date Signed	